

**MEDICAL HISTORY**

Patient's Name: \_\_\_\_\_

Reason for visit: \_\_\_\_\_

When did your symptoms first appear? \_\_\_\_\_

Is this condition getting progressively worse or better? \_\_\_\_\_

Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe pain): \_\_\_\_\_

Type of pain:   \_\_\_Sharp   \_\_\_Dull   \_\_\_Throbbing   \_\_\_Numbness   \_\_\_Aching   \_\_\_Shooting   \_\_\_Burning  
                  \_\_\_Tingling   \_\_\_Cramps   \_\_\_Stiffness   \_\_\_Swelling   Other: \_\_\_\_\_

How often do you have pain/symptoms? \_\_\_\_\_

Is it constant or does it come and go? \_\_\_\_\_

Does it interfere with your   \_\_\_Work   \_\_\_Sleep   \_\_\_Daily Routine   \_\_\_Recreation

Activities or movements that are painful to perform: (circle all that apply)

    Sitting   Standing   Walking   Bending   Lying Down

What medical treatments have you already received for your condition? (circle all that apply)

    Medication   Surgery   Physical Therapy   Chiropractic   Other: \_\_\_\_\_

Have you fallen in the past 12 months?   Yes \_\_\_   No \_\_\_   If yes, how many times? \_\_\_\_\_

| Allergies | Medications | Dosage / Frequency | Vitamins/Herbs/Minerals |
|-----------|-------------|--------------------|-------------------------|
| _____     | _____       | _____              | _____                   |
| _____     | _____       | _____              | _____                   |
| _____     | _____       | _____              | _____                   |

Exercise Level  
\_\_\_None  
\_\_\_Moderate  
\_\_\_Daily  
\_\_\_Heavy

Work Activity  
\_\_\_Sitting  
\_\_\_Standing  
\_\_\_Light Labor  
\_\_\_Heavy Labor

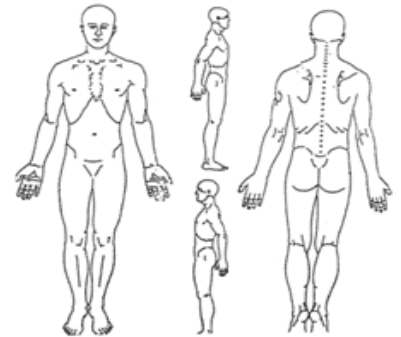
Habits  
\_\_\_Smoking  
\_\_\_Alcohol  
\_\_\_Coffee/Caffeine  
\_\_\_High Stress Level

Are you pregnant?   \_\_\_No   \_\_\_Yes   If yes, due date: \_\_\_\_\_

**Mark areas of pain below.**

Injuries / Surgeries

| Description          | Date  |
|----------------------|-------|
| Broken Bones _____   | _____ |
| Dislocations _____   | _____ |
| Surgeries _____      | _____ |
| Falls _____          | _____ |
| Other Injuries _____ | _____ |



Please indicate if you have had any of the following: (circle)

- |           |                    |                     |                      |
|-----------|--------------------|---------------------|----------------------|
| Anemia    | Goiter             | Multiple Sclerosis  | Prosthesis           |
| Arthritis | Gout               | Osteoporosis        | Rheumatoid Arthritis |
| Asthma    | Heart Disease      | Pacemaker           | Scarlet Fever        |
| Cancer    | Hernia             | Parkinson's Disease | Stroke               |
| Diabetes  | High Cholesterol   | Pinched Nerve       | Seizures             |
| Epilepsy  | Migraine Headaches | Polio               | Tumors               |
- Other: Please Specify: \_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date: \_\_\_\_\_